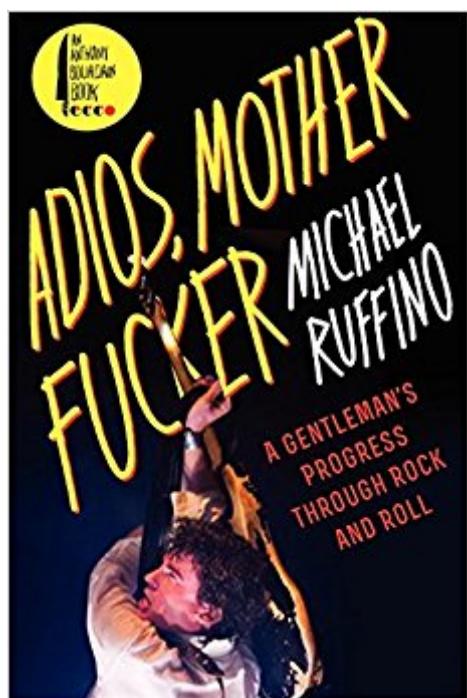


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# Adios, Motherfucker: A Gentleman's Progress Through Rock And Roll



## Synopsis

The riotous and unbridled confessions of a debauched rock and roller and his adventures in excess while touring Middle America on the '80s hair-metal nostalgia circuit. The Unband emerged from the suburbs of late '80s New England and drank, drugged, crashed, and burned their way across the United States until, on the brink of the new century and with the help of their dominatrix manager, a drug-dealing patron bent on revolution, and a willful record executive or two, the band got their Big Break, in a collapsing music industry where boy-band pop ruled and rock music had been declared dead. Equal parts *This Is Spinal Tap* and *Fear and Loathing in Las Vegas*, *Adios, Motherfucker* is the candid and hilarious account of that experience, now updated and expanded from the version published in 2004 as *Gentlemanly Repose*. In this epic, intoxicated memoir, Unband bassist Michael Ruffino takes readers along on a raucous tear across a surrealistic landscape populated with crack-smoking Girl Scouts, beer-drinking chimps, two-fisted femmes fatales, and murderous headbangers by the horde, while on tour with giants of heavy metal including Ronnie James Dio, Lemmy Kilmister, Def Leppard, Anthrax, and a veritable Who Was Who of reunited '80s hair bands. Into that volatile mix, The Unband brought do-it-yourself pyrotechnics, a giant inflatable hand (for making giant inflatable gestures), a high tolerance for substance abuse of all kinds, and an infectious love of rock and roll and everything it stands for. Chronicling everything from the drug-fueled chaos in the underground caverns of California to shotgun-toting barmaids on Hamburg's Reeperbahn, *Adios, Motherfucker* is a reader's all-access pass, a comic odyssey through the netherworld of heavy rock.Â

## Book Information

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## Customer Reviews

Emerging from the not-so-mean streets of suburban New England at the tail end of the 1980s, The Unband embraced everything reckless, unhealthy, and downright harebrained about rock and roll. After a decade on the booze-and-gas-soaked road to success, with the help of their dominatrix manager, a willful record executive or two, and dumb luck in spades, the hard-rocking, gleefully out-of-control Unband arrived at the threshold of the new century and got their shot at the big timeâ "in a chaotic music industry where boy-band pop ruled supreme and rock music had been declared dead.Â In this epic, intoxicated un-memoir, Unband bassist Michael Ruffino delves deeper into the story he originally told in 2004â ™s Gentlemanly Repose, taking readers along on a raucous tear through the netherworld of heavy rock, populated with crack-smoking Girl Scouts, collegiate bedlamites, shotgun-toting barmaids, a rodent-chomping music CEO, a beer-drinking chimp, and headbangers by the horde, while on tour with giants of heavy metal including Dio, MotÃ¶rhead, Anthrax, Def Leppard, and a Who Was Who of reunited â ™80s hair bands. Into that volatile mix, The Unband brought do-it-yourself pyrotechnics, a giant inflatable hand (for making giant inflatable gestures), a high tolerance for substance abuse of all kinds, and an infectious love of rock and roll and everything it stands for. Equal parts This Is Spinal Tap and Fear and Loathing in Las Vegas, Adios, Motherfucker is a riotous and unbridled testament to rock and roll being at its best on the brink of disaster.

Michael Ruffino is a musician and a writer. He lives in Los Angeles, California, the best way he knows how.

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